

A heartfelt film inspiring hope in the face of despair, exploring the themes of patience, forgiveness and empathy.

Adagio

Her desire to disappear
is her yearning to be found.



Adagio follows the journey of Anja, a talented violinist in Switzerland, whose world is rocked one morning by the sudden news of her sister Liane's suicide. The aftermath exposes the dysfunctional dynamics in her family and leaves Anja desperately seeking answers to make sense of her sister's death. The girls' father Jürgen, also devastated by the loss of Liane, yearns to rectify his torn relationship with his remaining daughter. The two, along with Anja's self-absorbed mother and an insightful, empathetic friend Jeremy, are forced to grapple with the truth of their shortcomings in the effort to survive in life's new normal.

Comparable Films:

Good Will Hunting, Ordinary People, Whiplash, Manchester by the Sea

**Together we can provide hope.
Be a part of the solution.**

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In response to a growing global mental health crisis, the Adagio film's compelling story addresses themes of mental health throughout its dramatic plot by exploring the unique perspective of each character. Adagio is written to intentionally validate and give voice to the real pain of those who feel oppressed and are battling depression. Adagio also highlights the viable keys of hope, perseverance, trust, and compassionate listening.

The film aims to work seamlessly with mental health programs to help rescue individuals who are struggling with despair, by providing an effective springboard to helpful discussions. The global need for mental health resources is growing and Adagio can be a part of the solution.

Mental Health Realities

- COVID-19 has triggered a 25% increase in prevalence of anxiety and depression worldwide
- About 1 in 8 people world-wide, nearly 1 billion, live with a mental health disorder
- Suicide accounts for 1 in every 100 deaths
- Among 15-29-year-olds, suicide is the 4th leading cause of death

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